



## Factors influencing health status and contact with health services (Z00-Z99)

### Persons with potential health hazards related to socioeconomic and psychosocial circumstances (Z55-Z65)

#### **Z55** Problems related to education and literacy

*Excludes:* disorders of psychological development ( [F80-F89](#) )

##### **Z55.0** Illiteracy and low-level literacy

##### **Z55.1** Schooling unavailable and unattainable

##### **Z55.2** Failed examinations

##### **Z55.3** Underachievement in school

##### **Z55.4** Educational maladjustment and discord with teachers and classmates

##### **Z55.8** Other problems related to education and literacy

Inadequate teaching

##### **Z55.9** Problem related to education and literacy, unspecified

#### **Z56** Problems related to employment and unemployment

*Excludes:* occupational exposure to risk-factors ( [Z57.-](#) )  
problems related to housing and economic circumstances ( [Z59.-](#) )

##### **Z56.0** Unemployment, unspecified

##### **Z56.1** Change of job

##### **Z56.2** Threat of job loss

##### **Z56.3** Stressful work schedule

##### **Z56.4** Discord with boss and workmates

##### **Z56.5** Uncongenial work

Difficult conditions at work

##### **Z56.6** Other physical and mental strain related to work

##### **Z56.7** Other and unspecified problems related to employment

#### **Z57** Occupational exposure to risk-factors

##### **Z57.0** Occupational exposure to noise

##### **Z57.1** Occupational exposure to radiation

##### **Z57.2** Occupational exposure to dust

##### **Z57.3** Occupational exposure to other air contaminants

##### **Z57.4** Occupational exposure to toxic agents in agriculture

Solids, liquids, gases or vapors

##### **Z57.5** Occupational exposure to toxic agents in other industries

Solids, liquids, gases or vapors

##### **Z57.6** Occupational exposure to extreme temperature

##### **Z57.7** Occupational exposure to vibration

##### **Z57.8** Occupational exposure to other risk-factors

##### **Z57.9** Occupational exposure to unspecified risk-factor

**Z58**      **Problems related to physical environment**

*Excludes:* occupational exposure ( [Z57.-](#) )

**Z58.0**      **Exposure to noise**

**Z58.1**      **Exposure to air pollution**

**Z58.2**      **Exposure to water pollution**

**Z58.3**      **Exposure to soil pollution**

**Z58.4**      **Exposure to radiation**

**Z58.5**      **Exposure to other pollution**

**Z58.6**      **Inadequate drinking-water supply**

*Excludes:* effects of thirst ( [T73.1](#) )

**Z58.8**      **Other problems related to physical environment**

**Z58.9**      **Problem related to physical environment, unspecified**

**Z59**      **Problems related to housing and economic circumstances**

*Excludes:* inadequate drinking-water supply ( [Z58.6](#) )

**Z59.0**      **Homelessness**

**Z59.1**      **Inadequate housing**

Lack of heating

Restriction of space

Technical defects in home preventing adequate care

Unsatisfactory surroundings

*Excludes:* problems related to physical environment ( [Z58.-](#) )

**Z59.2**      **Discord with neighbors, lodgers and landlord**

**Z59.3**      **Problems related to living in residential institution**

Boarding-school resident

*Excludes:* institutional upbringing ( [Z62.2](#) )

**Z59.4**      **Lack of adequate food**

*Excludes:* effects of hunger ( [T73.0](#) )

inappropriate diet or eating habits ( [Z72.4](#) )

malnutrition ( [E40-E46](#) )

**Z59.5**      **Extreme poverty**

**Z59.6**      **Low income**

**Z59.7**      **Insufficient social insurance and welfare support**

**Z59.8**      **Other problems related to housing and economic circumstances**

Foreclosure on loan

Isolated dwelling

Problems with creditors

**Z59.9**      **Problem related to housing and economic circumstances, unspecified**

**Z60**      **Problems related to social environment**

**Z60.0**      **Problems of adjustment to life-cycle transitions**

Adjustment to retirement [pension]

Empty nest syndrome

**Z60.1**      **Atypical parenting situation**

Problems related to a parenting situation (rearing of children) with a single parent or other than that of two cohabiting biological parents.

**Z60.2**      **Living alone**

**Z60.3**      **Acculturation difficulty**

Migration

Social transplantation

**Z60.4 Social exclusion and rejection**

Exclusion and rejection on the basis of personal characteristics, such as unusual physical appearance, illness or behavior.

**Excludes:** target of adverse discrimination, such as for racial or religious reasons ( [Z60.5](#) )

**Z60.5 Target of perceived adverse discrimination and persecution**

Persecution or discrimination, perceived or real, on the basis of membership of some group (as defined by skin color, religion, ethnic origin, etc.) rather than personal characteristics.

**Excludes:** social exclusion and rejection ( [Z60.4](#) )

**Z60.8 Other problems related to social environment**

**Z60.9 Problem related to social environment, unspecified**

**Z61 Problems related to negative life events in childhood**

**Excludes:** maltreatment syndromes ( [T74.-](#) )

**Z61.0 Loss of love relationship in childhood**

Loss of an emotionally close relationship, such as of a parent, a sibling, a very special friend or a loved pet, by death or permanent departure or rejection.

**Z61.1 Removal from home in childhood**

Admission to a foster home, hospital or other institution causing psychosocial stress, or forced conscription into an activity away from home for a prolonged period.

**Z61.2 Altered pattern of family relationships in childhood**

Arrival of a new person into a family resulting in adverse change in child's relationships. May include new marriage by a parent or birth of a sibling.

**Z61.3 Events resulting in loss of self-esteem in childhood**

Events resulting in a negative self-reappraisal by the child such as failure in tasks with high personal investment; disclosure or discovery of a shameful or stigmatizing personal or family event; and other humiliating experiences.

**Z61.4 Problems related to alleged sexual abuse of child by person within primary support group**

Problems related to any form of physical contact or exposure between an adult member of the child's household and the child that has led to sexual arousal, whether or not the child has willingly engaged in the sexual acts (e.g. any genital contact or manipulation or deliberate exposure of breasts or genitals).

**Z61.5 Problems related to alleged sexual abuse of child by person outside primary support group**

Problems related to contact or attempted contact with the child's or the other person's breasts or genitals, sexual exposure in close confrontation or attempt to undress or seduce the child, by a substantially older person outside the child's family, either on the basis of this person's position or status or against the will of the child.

**Z61.6 Problems related to alleged physical abuse of child**

Problems related to incidents in which the child has been injured in the past by any adult in the household to a medically significant extent (e.g. fractures, marked bruising) or that involved abnormal forms of violence (e.g. hitting the child with hard or sharp implements, burning or tying up of the child).

**Z61.7 Personal frightening experience in childhood**

Experience carrying a threat for the child's future, such as a kidnapping, natural disaster with a threat to life, injury with a threat to self-image or security, or witnessing a severe trauma to a loved one.

**Z61.8 Other negative life events in childhood**

**Z61.9 Negative life event in childhood, unspecified**

- Z62** **Other problems related to upbringing**  
*Excludes:* maltreatment syndromes ( [T74.-](#) )
- Z62.0** **Inadequate parental supervision and control**  
 Lack of parental knowledge of what the child is doing or where the child is; poor control; lack of concern or lack of attempted intervention when the child is in risky situations.
- Z62.1** **Parental overprotection**  
 Pattern of upbringing resulting in infantilization and prevention of independent behavior.
- Z62.2** **Institutional upbringing**  
 Group foster care in which parenting responsibilities are largely taken over by some form of institution (such as residential nursery, orphanage, or children's home), or therapeutic care over a prolonged period in which the child is in a hospital, convalescent home or the like, without at least one parent living with the child.
- Z62.3** **Hostility towards and scapegoating of child**  
 Negative parental behavior specifically focused on the child as an individual, persistent over time and pervasive over several child behaviors (e.g. automatically blaming the child for any problems in the household or attributing negative characteristics to the child).
- Z62.4** **Emotional neglect of child**  
 Parent talking to the child in a dismissive or insensitive way. Lack of interest in the child, of sympathy for the child's difficulties and of praise and encouragement. Irritated reaction to anxious behaviour and absence of sufficient physical comforting and emotional warmth.
- Z62.5** **Other problems related to neglect in upbringing**  
 Lack of learning and play experience
- Z62.6** **Inappropriate parental pressure and other abnormal qualities of upbringing**  
 Parents forcing the child to be different from the local norm, either sex-inappropriate (e.g. dressing a boy in girl's clothes), age-inappropriate (e.g. forcing a child to take on responsibilities above her or his own age) or otherwise inappropriate (e.g. pressing the child to engage in unwanted or too difficult activities).
- Z62.8** **Other specified problems related to upbringing**
- Z62.9** **Problem related to upbringing, unspecified**
- Z63** **Other problems related to primary support group, including family circumstances**  
*Excludes:* maltreatment syndromes ( [T74.-](#) )  
 problems related to:  
 · negative life events in childhood ( [Z61.-](#) )  
 · upbringing ( [Z62.-](#) )
- Z63.0** **Problems in relationship with spouse or partner**  
 Discord between partners resulting in severe or prolonged loss of control, in generalization of hostile or critical feelings or in a persisting atmosphere of severe interpersonal violence (hitting or striking).
- Z63.1** **Problems in relationship with parents and in-laws**
- Z63.2** **Inadequate family support**
- Z63.3** **Absence of family member**
- Z63.4** **Disappearance and death of family member**  
 Assumed death of family member
- Z63.5** **Disruption of family by separation and divorce**  
 Estrangement
- Z63.6** **Dependent relative needing care at home**
- Z63.7** **Other stressful life events affecting family and household**  
 Anxiety (normal) about sick person in family  
 Health problems within family

Ill or disturbed family member  
Isolated family

**Z63.8 Other specified problems related to primary support group**

Family discord NOS  
High expressed emotional level within family  
Inadequate or distorted communication within family

**Z63.9 Problem related to primary support group, unspecified**

**Z64 Problems related to certain psychosocial circumstances**

**Z64.0 Problems related to unwanted pregnancy**

*Excludes:* supervision of high-risk pregnancy due to social problems ( [Z35.7](#) )

**Z64.1 Problems related to multiparity**

*Excludes:* supervision of pregnancy with grand multiparity ( [Z35.4](#) )

**Z64.2 Seeking and accepting physical, nutritional and chemical interventions known to be hazardous and harmful**

*Excludes:* substance dependence - see Alphabetical Index

**Z64.3 Seeking and accepting behavioral and psychological interventions known to be hazardous and harmful**

**Z64.4 Discord with counsellors**

Discord with:  
· probation officer  
· social worker

**Z65 Problems related to other psychosocial circumstances**

*Excludes:* current injury - see Alphabetical Index

**Z65.0 Conviction in civil and criminal proceedings without imprisonment**

**Z65.1 Imprisonment and other incarceration**

**Z65.2 Problems related to release from prison**

**Z65.3 Problems related to other legal circumstances**

Arrest  
Child custody or support proceedings  
Litigation  
Prosecution

**Z65.4 Victim of crime and terrorism**

Victim of torture

**Z65.5 Exposure to disaster, war and other hostilities**

*Excludes:* target of perceived discrimination or persecution ( [Z60.5](#) )

**Z65.8 Other specified problems related to psychosocial circumstances**

**Z65.9 Problem related to unspecified psychosocial circumstances**